

































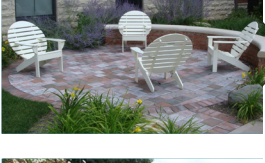


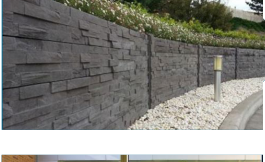


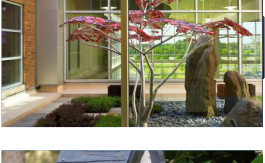



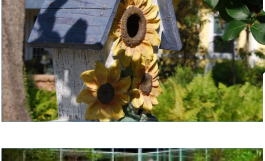



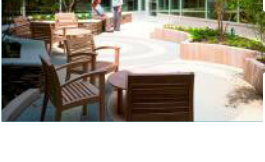






Mental Health Program Items

Program Features	Emotional	Social	Cognitive	Physical	Occupational	Therapeutic Benefits
Provide clear concise recognizable paths 						Encourages physical development while reducing opportunities for disorientation
Include nodes and districts for varying activities 						Encourage appropriate behavior, increasing physical and social interaction
Provide a variety of recognizable features for cultural memories 						Reduces stress by evoking old memories
Provide inclusive gardening bed types 						Encourages physical development and creates a familiar pleasant activity that develops mental stability and control
Encourage tactile stimulation of all the senses 						Lowers stress levels and encourages physical development and interaction with garden
Filter direct sunlight for safety and comfort 						Lowers stress levels and provides a comfortable space for patients
Encourage daily life activities 						Encourages daily routines and establishes a sense of control for patients
Include landmark features for orientation and visual hierarchy 						Creates a sense of hierarchy and orients patients
Provide for intimate spaces for quiet reflection and relaxation 						Provides privacy and creates a sense of independence
Define edges to enclose spaces 						Edges orient patients and reduce opportunities for wandering or confusion
Provide views into outdoor spaces 						Lowers stress and produces restful situations
Provide Homelike Familiarity 						Stimulates memories reducing stress levels and reinforces the patients desire to be well
Provide a variety of spaces for social interaction and gathering 						Reduces stress levels and promotes social interaction and wellbeing