

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year! <i>Let us learn from yesterday, live for today and hope for tomorrow. May our troubles last as long as our New Year's resolutions.</i>	HAPPY BIRTHDAY, MILLIE N, & Happy New Year! 10:00 Greet/ Agenda 10:15 Brain Games 10:30 Musical Manicures/ Massage 10:30 Sing Along 11:45 Refresh 2:00 Musical Manicures/ Massage 4:00 Brew & Chew	HAPPY BIRTHDAY, JEANETTE M! 9:00 Salon Services 10:00 Greet/ Agenda 10:15 Cognitive Convergence 10:30 Disco Chair Dancing 10:45 Trivia 11:15 Reminisce 11:45 Refresh 2:00 Cardio Drumming 3:00 Mona's Motivations 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Awaken 10:30 Hip Hop Chair Dancing 10:30 Pat- Eucharistic Minister 11:00 What's In The Word 11:45 Refresh 2:00 Bingo 3:30 Resident Choice 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Happy Choreography 10:30 Word Games 11:00 Rhythm & Rap 11:45 Refresh 12:00 Outing- 5 Guys & Fries 2:00 Table Top Games 3:00 Be Inspired 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Back To The Basics 10:30 Holey Ball 11:00 Farkle 11:45 Refresh 2:00 Happy Hour-Tunes With A Twist 3:15 Creative Crafting 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Christian Songs Sing Along 10:30 Believers Bible Church Service 11:30 Pick 5 11:45 Refresh 2:00 Bingo 3:30 IN2L Games
10:00 Greet/ Agenda 10:15 Brain Games 10:30 Catholic Communion Church Service 11:15 Beach Ball Fun 11:45 Refresh 2:00 Cardio Drumming 2:45 Chicken Soup For The Soul 3:15 UNO	10:00 Greet/ Agenda 10:15 Cognitive Convergence 10:30 Musical Manicures/ Massage 11:45 Refresh 2:00 Musical Manicures/ Massage 3:00 Resident Counsel 4:00 Brew & Chew	9:00 Salon Services 10:00 Greet/ Agenda 10:15 Awaken 10:30 Beanbag Basketball 11:15 Trivia 11:45 Refresh 2:00 Gina's Chair Dancing Class 3:00 Mona's Motivations 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Happy Choreography 10:30 Pat- Eucharistic Minister 10:30 Creative Crafting 11:00 What's In The Word 11:45 Refresh 2:00 Bingo 3:30 Be Inspired 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Back To The Basics 10:30 John Denver Chair Dancing 11:00 Food Committee Meeting 11:45 Refresh 12:00 Outing- Mario Fazios 2:00 Dice Games 3:00 In The Kitchen 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Sequence Challenge 10:30 Country Chair Dancing 11:00 Charades 11:45 Refresh 2:00 Happy Hour- Victor Breeler Entertains 3:15 Sensory Sensation 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Brain Games 10:30 Polka Chair Dancing 11:00 Left Right Center 11:45 Refresh 2:00 Bingo 3:30 Table Top Games
HAPPY BIRTHDAY, MILLIE B! 10:00 Greet/ Agenda 10:15 Cognitive Convergence 10:30 Catholic Communion Church Service 11:15 Soft Stretches 11:45 Refresh 2:00 Patrick Fields Entertains 3:15 IN2L Games	HAPPY BIRTHDAY, SLAVA! 10:00 Greet/ Agenda 10:15 Awaken 10:30 Musical Manicures/ Massage 11:45 Refresh 2:00 Musical Manicures/ Massage 3:30 Focus on MLK 4:00 Brew & Chew	HAPPY BIRTHDAY, TONI! 9:00 Salon Services 10:00 Greet/ Agenda 10:15 Happy Choreography 10:30 Hip Hop Chair Dancing 11:00 Town Hall 11:45 Refresh 2:00 Cardio Drumming 3:00 Mona's Motivations 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Back To The Basics 10:30 Pat- Eucharistic Minister 10:30 Beanbag Basketball 11:00 What's In The Word 11:45 Refresh 2:00 Bingo 3:30 Yoga 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Sequence Challenge 10:30 Holey Ball 11:00 Music Bingo 11:45 Refresh 12:00 Outing- Dino's 2:00 Karaoke 3:00 Creative Crafting 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Brain Games 10:30 Balloon Pool Noodle 11:00 Calming Colors 11:45 Refresh 2:00 Happy Hour- Tom & Gary 3:30 IN2L Games 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Trivia 10:45 Pin Drop Game 11:15 Tell Me A Story 11:45 Refresh 2:00 Bingo 4:00 Brew & Chew
10:00 Greet/ Agenda 10:15 Rhyme Time 10:30 Catholic Communion Church Service 11:30 Copycat Stretches 11:45 Refresh 2:00 Group Puzzles 3:00 Reminisce 4:00 Resident Choice	10:00 Greet/ Agenda 10:15 Brain Games 10:30 Musical Manicures/ Massage 11:30 Water Painting 11:45 Refresh 2:00 Musical Manicures/ Massage 3:30 Chicken Soup For The Soul 4:00 Brew & Chew	HAPPY BIRTHDAY, LORETTA! 9:00 Salon Services 10:00 Greet/ Agenda 10:15 Back To The Basics 10:30 Sassy Salsa Stretches 11:15 Table Top Games 2:00 Gina's Chair Dancing Class 3:00 Mona's Motivations 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Sequence Challenge 10:30 Pat- Eucharistic Minister 10:30 Balloon Racquetball 11:00 What's In The Word 11:45 Refresh 2:00 Bingo 3:30 Trivia 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Awaken 10:30 Country Music Chair Dancing 11:00 Rhythm & Rap 11:45 Refresh 12:00 Outing- Longhorn 2:00 Card Games 3:00 January Birthday Celebration Party! 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Awaken 11:00 Rhythm & Rap 11:45 Refresh 2:00 Happy Hour- Showtime Charlie 3:30 Card Games 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Trivia 10:30 Snowball Basketball 11:15 Dice Games 11:45 Refresh 2:00 Bingo 3:30 IN2L Games
10:00 Greet/ Agenda 10:15 Sequence Challenge 10:30 Catholic Communion Church Service 11:15 Horse Race Game 11:45 Refresh 2:00 What's In The Bag 3:00 Trivia 4:00 Be Inspired	HAPPY BIRTHDAY, JAMES! 10:00 Greet/ Agenda 10:15 Brain Games 10:30 Musical Manicures/ Massage 11:45 Refresh 2:00 Musical Manicures/ Massage 3:30 Cardio Drumming 4:00 Brew & Chew	9:00 Salon Services 10:00 Greet/ Agenda 10:15 Awaken 10:30 Basketball 11:15 Be Inspired 11:45 Refresh 2:00 In The Kitchen 3:00 Mona's Motivations 4:00 Brew & Chew	10:00 Greet/ Agenda 10:15 Happy Choreography 10:30 Pat- Eucharistic Minister 10:30 In The Kitchen 11:00 What's In The Word 11:45 Refresh 2:00 Bingo 3:30 Racko Card Game 4:00 Brew & Chew	January 2024 Life Enrichment Program Calendar-Programs subject to change		

At The Preserve of Mentor Ridge, we take pride in opportunities provided to enrich the lives of our sweet seniors, always finding ways to remind them they are cherished and revered~!